



833-410-0455

<http://www.downriver.express>

Tropical Smoothie-Allen Park

**Orders Over \$100 Need 24
Hour Notice Please**

ALL DAY BREAKFAST

- All American Wrap \$4.59
eggs, ham, bacon, cheddar & mozzarella
- Southwest Wrap \$4.59
eggs, grilled chicken, pepper jack, tomatoes, spinach & chipotle mayo
- Peanut Butter Banana Crunch \$5.74
- Flatbread
peanut butter, banana, granola & honey

FLATBREADS

Served with chips, whole fruit or kale & apple slaw

- Chicken Bacon Ranch \$7.12
Flatbread
Bacon, tomatoes, romaine, cheddar & lite ranch
- Chicken Pesto Flatbread \$7.12
Tomatoes, shredded parmesan, mozzarella & pesto
- Chipotle Chicken Club \$7.12
Flatbread
Bacon, tomatoes, romaine, pepper jack & chipotle mayo

WRAPS

- Caribbean Jerk Chicken Wrap \$8.84
rice, black beans, cheddar, roasted pineapple salsa, romaine & jerk sauce
- Buffalo Chicken Wrap \$8.84
tomatoes, romaine, mozzarella, buffalo sauce & lite ranch
- Thai Chicken Wrap \$8.84
carrots, sesame seeds, wontons, cilantro, scallions, romaine & thai peanut sauce
- Hummus Veggie Wrap \$8.84
hummus, smashed avocado, pepperjack cheese, a romaine, kale & spinach blend, rice, black beans, pickled red onions, tomatoes & lite ranch
- Baja Chicken Wrap \$8.84
rice, black beans, smashed avocado, romaine, pickled red onions, cheddar & roasted tomato salsa
- Supergreen Caesar Chicken Wrap \$8.84
a romaine, kale & spinach blend, shredded parmesan, tomatoes, parmesan crisps & caesar

QUESADILLAS

Served on a pressed flour tortilla

- Three Cheese Quesadilla \$4.59
queso blanco, cheddar and a smoked cheese blend all on a flour tortilla. served with roasted tomato salsa.
- Three Cheese Chicken \$5.74

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TROPICAL TREAT SMOOTHIES

- Bahama Mama Smoothie \$6.77
strawberries, pineapple, white chocolate & coconut
- Peanut Butter Cup Smoothie \$6.77
peanut butter, banana & chocolate
- Beach Bum Smoothie \$6.77
strawberries, banana & chocolate
- Mocha Madness Smoothie \$6.77
chocolate, coffee, cappuccino & non-fat yogurt (available in decaf)

FRUIT BLEND SMOOTHIES

- Sunrise Sunset Smoothie \$6.54
strawberries, pineapple, mango & orange juice
- Jetty Punch Smoothie \$6.54
strawberries & banana
- Kiwi Quencher Smoothie \$6.54
kiwi, strawberries & non-fat yogurt
- Paradise Point Smoothie \$6.54
strawberries, banana & pineapple
- Mango Magic Smoothie \$6.54
mango, pineapple & non-fat yogurt
- Blimey Limey Smoothie \$6.54
strawberries, pineapple, orange juice & lime
- Blueberry Bliss Smoothie \$6.54
blueberries, strawberries & banana
- Pomegranate Plunge Smoothie \$7.00
pomegranate, banana, cranberry & strawberries

BALANCED FUSION SMOOTHIES

- Peanut Paradise Smoothie \$7.00
peanut butter, banana, non-fat yogurt & choice of protein
- Chai Banana Boost Smoothie \$7.00
roasted banana, chai seed, almonds, whole grain oats, cinnamon, dates & coconut with choice of peanut butter or strawberries
- Triple Berry Oat Smoothie \$7.00
strawberries, blueberries, cranberry, multi-vitamin, ground flax seed, whole grain oats, whey protein & Splenda
- Lean Mean Smoothie \$7.00
strawberries, banana, fat burner & energizer
- Acai Berry Boost Smoothie \$7.00
acai, pomegranate, banana, blueberries & strawberries

SUPER VEGGIE SMOOTHIES

- Avocolada Smoothie \$7.00
avocado, pineapple, spinach, kale, coconut & lime

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GRAB-N-GO CATERING

- Smoothie Bundle \$44.85
Twelve (12oz) smoothies. Your choice of our three fan favorites. (Serves 12). Please allow three hours for preparation
- Signature Wrap Bundle (12 Wraps) \$103.50
Twelve wraps (cut in half) and served cold. Your choice of our best sellers. Includes chips for all. Add our smoothie bundle to complement the meal. (Serves 12). Please allow three hours for preparation
- Signature Sandwich Bundle (12 Sandwiches) \$103.50
Twelve sandwiches (cut in half) and served cold. Your choice of our best sellers. Includes chips for all. Add our smoothie bundle to complement the meal (Serves 12). Please allow three hours for preparation

Take Out Additions

- Please Include Napkins
- Please Include Silverware

- Quesadilla**
Queso blanco, cheddar & smoked cheese blend with a side of roasted tomato salsa
- Santa Fe Chicken Quesadilla \$6.89**
Black beans, roasted red pepper & onion, queso blanco, cheddar, a smoked cheese blend and roasted tomato salsa

- Detox Island Green Smoothie \$7.00**
spinach, kale, mango, pineapple, banana & fresh ginger (naturally sweetened)
- Island Green Smoothie \$7.00**
spinach, kale, mango, pineapple & banana

COOKIES

- Chocolate Chunk cookie \$1.44
 Sinckerdoodle cookie \$1.44

SIDES

- Apple \$1.44
 Banana \$1.44
 Chips \$1.44
 Kale & Apple Slaw \$1.44

TOASTED SANDWICHES

Served with chips, whole fruit or kale & apple slaw

- Chicken Caprese \$8.84**
Grilled chicken, fresh mozzarella, parmesan, tomato, balsamic glaze & pesto pressed to perfection.
- Turkey Bacon Ranch Sandwich \$8.84**
Bacon, tomatoes, a romaine spinach blend, Swiss & lite ranch on ciabatta
- Ultimate Club Sandwich \$8.84**
Ham, turkey, bacon, Swiss, shredded parmesan, tomatoes, a romaine spinach blend & chipotle mayo on a ciabatta

SIGNATURE BOWLS

Served in a flour tortilla with chips, whole fruit or kale & apple slaw. Or try it in a bowl!

- Baja Chicken Bowl \$8.84**
Rice, black beans, smashed avocado, romaine, pickled red onion, cheddar & roasted tomato salsa
- Buffalo Chicken Bowl \$8.84**
Tomatoes, romaine, mozzarella, buffalo sauce & lite ranch
- Caribbean Jerk Chicken Bowl \$8.84**
Rice, black beans, cheddar, roasted pineapple salsa, romaine & jerk sauce
- Hummus Veggie Bowl \$8.84**
Hummus, smashed avocado, pepper jack, a romaine, kale & spinach blend, southwestern rice with corn, black beans & asparagus, pickled red onions, tomatoes & lite ranch
- Supergreen Caesar Chicken Bowl \$8.84**
A romaine, kale & spinach blend, shredded parmesan, tomatoes, Parmesan crisps & Caesar
- Thai Chicken Bowl \$8.84**
Carrots, sesame seeds, wontons, cilantro, scallions, romaine & thai peanut sauce

KIDS MENU

- Big Kahuna Meal**
Kids food item with choice of side & 12 oz smoothie
- Bigger Kahuna Meal**
Kids food item with choice of side & 24 oz smoothie

KIDS SMOOTHIES ALA CARTE

- Lil' Limeberry**
strawberries & lime
- Jetty Junior**
strawberries & banana
- Kids Awesome Orange**
orange juice, white chocolate, orange & non-fat yogurt
- Kids Chocolate Chimp**
banana & chocolate

KIDS FOOD ALA CARTE

- Kids Turkey & Cheddar Wrap \$5.16

Kids Ham & Cheddar Wrap	\$5.16
Kids Cheese Quesadilla	\$5.16
Kids Chicken Quesadilla	\$6.43